1. Alaska, **Alaska Native Tribal Health Consortium** – Behavioral Health Aide Training Program  
https://www.anthc.org/chs/behavioral/bha.cfm

- Under the direction of the Tribal Health Directors, ANTHC used the Community Health Aide Program (CHAP) as a model to train and deploy a workforce of Behavioral Health Aides (BHA). A partnership was formed between the federally recognized Community Health Aide Program Certification Board (CHAPCB) and a subcommittee of the Tribal Behavioral Health Directors, the Behavioral Health Academic Review Committee (BHARC), to amend the existing Standards and Procedures to include standards for Behavioral Health Aides/ Practitioners certification and practice.
- The BHA Program is facilitated through ANTHC's Behavioral Health Department in collaboration with the BHARC. Program staff provide technical, financial, and training support to Tribal Health Organizations who have elected to integrate BHAs into their regional network of behavioral health providers. As a resource to all BHAs, the BHARC, staff from ANTHC's Behavioral Health Department and statewide team of stakeholders are developing a Behavioral Health Aide Manual (BHAM) to provide fundamental information and best-practices for addressing many of the issues and concerns identified during client care visits. The BHAM is a practice manual that compliments BHA training requirements and scope of practice that have been detailed in the Standards.

2. California, **California Institute for Behavioral Health Solutions** – Promotores  
http://www.cibhs.org/promotores

- Promotores de salud (health promoters) play a key role in advancing the wellbeing of the communities they serve. Promotores are individuals who provide health education and support to community members, provide their services in the community, and are generally from the community they serve. They can help address multiple barriers to accessing services, such as those related to transportation, availability, culture, language, stigma, and mistrust. Although more widely engaged in the field of physical health, promotores increasingly address mental health concerns as well.

3. Kansas/Florida/Alabama, **New Directions Behavioral Health** - New Directions, a privately owned company, provides managed behavioral health care services, employee assistance programs, health coaching and organizational consulting to health plans and to employers around the country.  
https://www.ndbh.com/AboutUs/ServicesSolutions.aspx
4. North Carolina, **Duke Integrative Medicine** – Integrative Health Coach Training Program, Certification available

https://www.dukeintegrativemedicine.org/integrative-health-coach-training/

- What is Integrative Health Coaching? - Although contemporary medicine has made many breakthroughs and powerful advances, it still remains primarily a disease management system. The current system leaves medical and allied health providers without the necessary time and training to help patients plan for their health and implement effective health behavior changes for disease prevention. Integrative Health Coaching empowers clients to make lasting health behavior changes that are the cornerstones of lifelong well-being. It bridges the gap between medical recommendations and patients’ abilities to successfully implement those recommendations into their complex lives.

- How do I become an Integrative Health Coach? - Duke Integrative Medicine offers two courses in order to receive training as an integrative health coach. All participants start with our Foundation Course which focuses on acquiring the core competencies required of integrative health coaches. Following the Foundation Course, participants have the option to move on to our Certification Course. The Certification Course builds upon the Foundation Course by focusing on the professional application of integrative health coaching core competencies.

5. Arizona, **Arizona State University** – Doctoral of Behavioral Health (Behavioral Health Management), College of Health Solutions

https://asuonline.asu.edu/online-degree-programs/graduate/doctor-behavioral-health-management

- The Doctor of Behavioral Health program with a concentration in management focuses exclusively on management and behavioral care in the integrated primary care environment. This program concentration is designed to designate students with additional management didactics, training, and experience, thereby establishing their potential for leadership roles in an evolving healthcare marketplace.

- The DBH management concentration is an 84–credit doctoral degree (students receive 30–credits towards the program based on their master’s degree) offered through ASU Online that prepares graduates to be future leaders in integrated care. The curriculum includes ASU Online courses that include synchronous (live) chat with instructors and students, internship training with live streaming video consultation with experts in the field, and a capstone research project that includes a business plan specific to the students’ professional career interests.

6. **Ace Fitness** – Behavior Change Specialist Online Program

https://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
Inspiring people to adopt new behaviors requires more than simply knowledge of behavior change philosophy or emotional intelligence. As a Behavior Change Specialist, you will possess the practical, hands-on skills needed to guide people toward behavior change in one-on-one, group and virtual settings. Through a comprehensive, interactive experience, you will learn from renowned experts and pioneers in the areas of psychology and coaching how to develop rich, productive relationships and then utilize those relationships to guide people toward long-term, lifestyle change.

https://www.acefitness.org/blog/5400/the-role-of-a-health-coach-and-behavior-change

7. **Health Sciences Institute** - Registered Health Coach (RHC) program

http://www.healthsciences.org/registered-health-coach

- The Registered Health Coach (RHC) program is designed to build patient engagement and behavior change skills grounded in the only approach proven effective, practical and appropriate in a health care environments focused on delivering measurable patient results: Motivational Interviewing (MI) Health Coaching. RHC combines this brief and highly effective behavior change method with online, interactive, competency-based learning activities. RHC is designed for health and care management professionals as well as direct care providers from any discipline or setting.

8. **National Society of Health Coaches** – NSHC Health Coach Program

http://www.nshcoa.com/program_details

- NSHC's self-study program, *Evidence-based Health Coaching (EBHC)*® for Healthcare Providers, 3rd Edition, is uniquely designed for the busy healthcare professional and allied healthcare provider. On average, 70 hours of focused self-study and practice are generally commensurate with testing success. However, differences in individual study habits, reading speed & comprehension should be taken into account.

9. **North Carolina, University of North Carolina** – Health Coaching Programs

http://hhs.uncg.edu/wordpress/health-coaching/training/3day/

- This 3 day training will provide participants with specific skills and a mindset that shifts away from prescriptive medicine to a more participatory approach that guides patients toward self-efficacy in finding their own solutions for healthier outcomes. Our approach to training is grounded in behavioral theory using a hands-on interactive approach to learning. Participants should be prepared to engage in discussions and complete hands-on activities to ensure sustainability of health coaching skills.
10. **Mayo Clinic - Wellness Coach Program**

http://dahlc.mayoclinic.org/cap/wellness-coaching/

- When you are at your best, what does that look like? Wellness coaching helps you define and work toward your optimal wellness by means of collaborative thinking, drawing from past experience and defining future goals. A coaching approach allows you room to grow as you experiment with different strategies for personal wellness.

http://www.mayo.edu/research/centers-programs/nicotine-dependence-center/education-program/wellness-coaching-program/wellness-coaching-program

- Mayo Clinic's Wellness Coaching Program includes three components — training, peer coaching practice and certification. The Wellness Coach Training is a 12-week (11-session) graduate-level course provided as a combination of online and on-site learning opportunities. Wellness Coach Certification is an optional process that students may complete once they have successfully completed training.

11. **Wellness Coaches: School of Coaching** – Wellness Coach Program

http://wellcoachesschool.com/

- We offer an extraordinary [Core Coach Training Program](http://wellcoachesschool.com/) that integrates the best of coaching science with rich practical experience. The design of our Core Coach Training Program helped set [national standards and certification of health and wellness coaches](http://wellcoachesschool.com/), launching in 2016. Our [Certification Program](http://wellcoachesschool.com/), which follows the Core Coach Training, offers two pathways to certification: the "Certified Health and Wellness Coach" for the health professional and the "Certified Personal Coach" for the non-health professional.

Our advanced, [Professional Coach Training](http://wellcoachesschool.com/) program is for Wellcoaches-certified coaches who want to upgrade coaching mastery in an ICF ACTP program.

12. Utah, **University of Utah** – Coaching Wellness Program

http://www.health.utah.edu/exercise-sport-science/degrees/graduate/exercise-physiology/coaching-wellness/what-is-wellness-coaching.php

- Our Graduate Program in Coaching Wellness is a unique master’s degree program that honors the tradition of coach as advocate, leader, manager, organizer and source of inspiration. Our educational program prepares students to provide leadership for both individual and organizational journeys to wellness.

- Coaching Wellness is designed to challenge prospective students to ground their coaching in a solid foundation of physiology of exercise, nutrition science, and the psychology of behavior
change. In addition to this solid knowledge base, our curriculum provides students with myriad opportunities to gain experiences teaching exercise and nutrition classes, training patients and clients, leading stress management activities, crafting health promotion programs and of course coaching patients and clients in the pursuit of their individual wellness goals.

13. Maryland, **Maryland University of Integrative Health** – Post Baccalaureate Certificate in Health & Wellness Coaching

http://www.muih.edu/academics/academic-certificates/graduate-certificate-health-wellness-coaching

- This pioneering program will prepare you with the skills and expertise to empower people to take charge of their own health and create sustainable change. The curriculum focuses on three primary goals. The first goal is the development of a wider view of the field of health and wellness in contrast to our current disease-focused model. The second is to teach coaches to listen to the wisdom of their own bodies and to teach their clients to do the same. The third is to develop both proficiency and excellence in the skills necessary to help clients adopt attitudes and lifestyle changes most conducive to optimal health and other issues that affect health.

14. **National Consortium for Credentialing Health & Wellness Coaches** – Health & Wellness Coaching

http://www.ncchwc.org/

- We are a consensus-building collaboration of leaders representing many health and wellness coach training and education programs in the United States.

- For the past 5 years, we have worked diligently as volunteers to attain our vision of creating a National Certification for health and wellness coaches, built upon best practices. The vision is now a reality: eligible individuals can apply for the National Certification in early 2016.